GROUP ACTIVITY PROGRAMME: weekly in Nelson St unless stated otherwise

| DAY | GROUP | TIME | VENUE | REGULARITY |
|-----------|--------------------|-------------|----------------|---------------------------------------|
| Monday | Family History | 11.00-1.00 | | 1 st Mon/month |
| | Spanish | 10.00-12.00 | | |
| | Gardening | 10.30-12.30 | Various | 2 nd Mon/month |
| | Line Dancing* | 10.30-11.30 | | Note 1st month 10.00 |
| | General Meeting | 2.00-4.00 | Joymount Hall | 3 rd Mon/month |
| | Bridge Beginners | 1.45-3.45 | | |
| | Singing for Fun | 2.00-3.30 | | |
| Tuesday | Italian Beginners* | 9.30-11.00 | | |
| | Tai Chi* | 10.00-11.00 | | 10 weeks |
| | Reading & Poetry | 11.00-1.00 | | 2 nd Tues/month |
| | German | 11.15-12.45 | | |
| | Art Practical* | 1.30-3.30 | | |
| | Bridge | 1.45-3.45 | | |
| | Intermediates | | | |
| | Pottery | 10.00-12.00 | Whitehead | |
| | Bridge | 10.30-1.30 | | |
| Wednesday | Bridge Players | 10.00-12.00 | | |
| | Spanish Beginners | 10.00-12.00 | | |
| | Crafts: Annabella | 12.00-2.00 | | |
| | French | 2.00-3.30 | | |
| | Irish | 2.00-4.00 | | |
| | Computers | 10.30-12.30 | Whitehead | By appointment |
| | Zumba | 9.30-10.30 | | |
| | Colour Pencil Art | 10.30-12.30 | | |
| Thursday | Pottery | 10.00-12.00 | Whitehead | |
| | Italian Improvers | 11.00-1.00 | | |
| | Needle Natters | 12.30-2.00 | | |
| | Folk & Country | 2.15-4.00 | | |
| | Tai Chi* | 2.00-3.00 | | 10 weeks |
| | Tai Chi* | 3.15-4.15 | | 10 weeks |
| | Canoeing | Various | Inland Waters | |
| Friday | Scrabble | 10.30-12.30 | | |
| | Esperanto | 10.30-12.30 | | |
| | Oil & Acrylic | 10.30-12.30 | | |
| | Painting | | | |
| | Walking (short) | 10.30 | Out & About | 2 nd & 4 th Fri |
| | Walking (Long) | 10.30 | Out & About | 3 rd Fri |
| | Yoga | 3.15-4.15 | | 6 weeks |
| | Opera Shingleside | As advised | Whitehead | As announced |
| | Gadabout | Various | Various | As announced |
| | Opera Shingleside | As advised | Whitehead | As announced |
| | Canoeing | Various | Inland Waters | |
| | International | Various | Various | As Announced |
| Friday | Quizzers | 7.30 | Last Friday pm | |

Programme subject to change, please check information at General Meeting, speak to conveners, check the group page on the website or contact by telephone to confirm day, date & time if necessary. Contact name and number is on each group page.